

OREWA BEACH SCHOOL NEWSLETTER



He waka eke noa: We are all in this together

Kia ora koutou,

Welcome to our new students and their families and to our international students.

He Waka Haumarū is open! (Library)

We had a wonderful opening ceremony this week for our new library space "He Waka Haumarū" followed by our book character parade. A special mention to Miss Jo Blake for leading this incredible new space for our tamariki.



Safety Outside Our Gates

Please drive safely outside our school. Three near misses happened last week and your children are precious!

Thank you For Your Support

Thank you so much for working with us last Friday when our water main burst! It took most of the day to fix it in the pouring rain!

Kickstart Breakfast

Every day our school is open for breakfast from 8:15-8:45 am in the cooking room. Please send your child if they need breakfast.

Trivial Pursuit Last Term

What a fabulous night! A wonderful turnout and lots of fun was had by all! 5K was raised which goes directly into our learning programs. Thank you to our amazing PTA for organizing this event.

Private Educational Psychologist-Mandy Cyprus-Slater

Available Mondays and Fridays to provide a comprehensive, affordable service for families. Consultations can be online or in person and there is a free 10-minute, no-obligation consultation at the outset for families to check out what she can provide. She is based in Orewa.

Please contact her directly for more information at 021 253 7446

WHAT'S ON ?

July

28th Red Nose Day/Skipathon

August

1st BOT Mtg 5pm in Staffroom
11th Y6 Visit to Orewa College
18th House Choir
24th Whole School Cross Country

September

6th BOT Mtg 5pm Staffroom
6th New Entrant Visit
7th Interschool Cross Country
15th PTA Disco
22nd Last Day of Term and End of Term Assembly

Sibling Enrolments

If you have a child/ren starting with us this year or next year and you have not yet enrolled them, please contact Jackie requesting an online enrolment application.

office@orewabeach.school.nz

Arohanui.
Katherine Pascoe - Principal

Sharks Touch registrations are now open for 2023!

The module will run for 8 weeks at Victor Eaves Park in Term 4, from Wednesday 18th October to Wednesday 6th December. Grades and times are as follows:

4 pm Year 0-2 Boys or Mixed only

4.30 pm Year 3/4 Boys, Girls or Mixed

5 pm Year 5/6 Boys or Mixed.

5.30 pm Year 5/6 Girls

If your child is interested in playing please fill out the attached form and return it to the school office (a hardcopy will be available from Monday onwards) alternatively you can email it to l.wilson@orewabeach.school.nz. Registrations will close for our school on the 15th of September. Any late registrations may see your child missing out so please do not delay returning them.

Please note - Last year I had over 100 registrations which was amazing however there were not many parents who offered to coach/manage. In order for your children to play, we must provide these so please consider this when registering your child.

2023 Inspire Parent Programme with Hugh – Part 3

Part 3: Empathy & Kindness

This next presentation from The Resilience Project is all about Empathy and Kindness.

Empathy is our ability to put ourselves in the shoes of others to feel and see what they do. We practice this through being kind and compassionate towards other

people. Brain imaging data shows that being kind to others registers in the brain as more like eating chocolate than like fulfilling an obligation to do what's right (e.g., eating brussel sprouts)!

Research shows that practicing empathy, such as performing acts of kindness, taps into our brain's 'mirror neurons', build compassion, and our behaviour becomes more social and community-based.

View Part 3 of the series below:

Part 3 - Empathy: <https://theresilienceproject.com.au/2023-parent-carer-hub-inspire-hugh/>

Here's an activity to practice empathy and kindness:

1. Reflect on someone in your life who could benefit from an act of kindness today. It could be a friend who would love some affirmation about their work, your pet who deserves an extra treat, or a family member who would love a phone call or text message.
2. Make a plan for who you will give an act of kindness to, and what you will do.
3. If you want to add accountability to your plan, share it with someone else and encourage them to do the same thing.
4. Follow up with each other in a few day's time, to ask how it went!

Sources: [Psychology Today](#), [UC Berkeley](#), [Greater Good Science](#)



OREWA BEACH SCHOOL

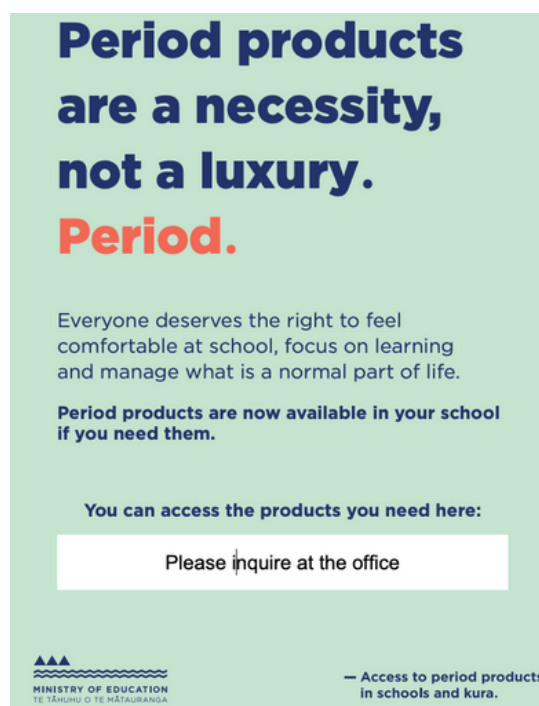
RED NOSE DAY

FRIDAY 28TH JULY

DRESS UP IN RED AND BRING A GOLD COIN DONATION FOR THE HEART FOUNDATION.



GET READY TO SKIP YOUR HEART OUT!
WHOLE SCHOOL SKIPATHON 11:30AM
PARENTS/CAREGIVERS ARE WELCOME TO COME AND WATCH



Period products are a necessity, not a luxury.

Period.

Everyone deserves the right to feel comfortable at school, focus on learning and manage what is a normal part of life.








Period products are now available in your school if you need them.

You can access the products you need here:

Please inquire at the office

MINISTRY OF EDUCATION
TE TĀHURU O TE HĀTAURANGA

— Access to period products in schools and kura.

Wk 1 17 July	Football Mania		Join the world in Football Fever!
Wk 2 24 July	Red Nose Week		Join us in supporting healthier children, with brighter futures, this Red Nose Day!
Wk 3 31 July	Book Worms		Borrowing down into some juicy books sounds like a good way to spend a day!
Wk 4 7 Aug	Kids Choice		It's up to you what we do at Kelly Club this week.
Wk 5 14 Aug	Science Challenge Week		Engage your curiosity and join us for some crazy experiments.
Wk 6 21 Aug	Staff Choice		It's up to the Staff what we do at Kelly Club this week!
Wk 7 28 Aug	Fun Fathers!		Let's celebrate all the Fathers and Father Figures that make life fun!
Wk 8 4 Sept	Fab Fashion		Unleash your design skills or strut your stuff on the Catwalk.
Wk 9 11 Sept	Te Wiki O Te Reo Māori		Join us this week as we celebrate te wiki o te reo māori! Let's make the Māori language strong!
Wk 10 18 Sept	Rugby World Cup		Passing, Catching, Kicking. It's all about Rugby this week at Kelly Club!

E: orewabeach@kellyclub.co.nz

P: 021 195 1562

THEME: Red Nose Week

Term 3 Week 2, 24th July 2023

 Weekly Activities Plan
 Kelly Club Orewa Beach

	Monday	Tuesday	Wednesday	Thursday	Friday
7:00 - 8:15 am	Red Nose Day Posters & Structured Free Time	Fort Building & Structured Free Time	Key Chain Creations & Structured Free Time	Paper Plane Comp & Structured Free Time	Homemade Muffins & Structured Free Time
8:15 - 8:30 am	Game: Simons Says	Game: Noodle Tag	Game: Rob the Nest	Game: Staff Choice	Game: Wacky Relays
2:45 - 3:00 pm	Sign In & Structured Free Time	Sign In & Structured Free Time	Sign In & Structured Free Time	Sign In & Structured Free Time	Sign In & Structured Free Time
3:00 - 3:30 pm	Intro & Afternoon Tea Noodles & Fruit	Intro & Afternoon Tea Sammies & Fruit	Intro & Afternoon Tea Bread Bean Pie & Fruit	Intro & Afternoon Tea Sammies & Fruit	Intro & Afternoon Tea Homemade Muffins & Fruit
3:30 - 3:45 pm	Game: Blindfolded Explorers	Game: All on One Side	Game: Midnight	Game: 4 Corner Dodgeball	Game: Jed Dodgeball
3:45 - 4:30 pm	GAME Find the Red Nose 	DISCOVERY Slingshot 	SPORT Racing Red Relays 	COOKING Bake Sale Cookies 	CRAFT Red Crafts 
4:30 - 4:35 pm	Tidy Up	Tidy Up	Tidy Up	Tidy Up	Tidy Up
4:35 - 4:50 pm	Snack Time Raisins	Snack Time Muesli Bars	Snack Time Potato Sticks	Snack Time Baking	Snack Time Corn Thins
4:50 - 5:15 pm	Homework & Quiet Time	Homework & Quiet Time	Homework & Quiet Time	Homework & Quiet Time	Homework & Quiet Time
5:15 - 6:00 pm	Game: Bom Bom Bom & Projects	Game: Catch the Dragon Tail & Projects	Game: Caterpillar Race & Projects	Game: Cloud Hopping & Projects	Game: Coin Rugby & Projects

PARENTING FOR POSITIVE SELF WORTH

"THIS COURSE OFFERS WISDOM AROUND PARENTING. I FEEL CONFIDENT THAT I HAVE THE TOOLS NOW TO BE THE PARENT/GRANDPARENT THAT I WANT TO BE."

"THIS COURSE GAVE ME TOOLS TO NOT ONLY MEET MY NEEDS AS A PARENT, BUT ALSO FOR ME TO MEET MY CHILDREN'S NEEDS. THESE TOOLS HAVE ME PREPARED FOR SITUATIONS THAT MAY ARISE."

ARE YOU STRUGGLING TO CONNECT WITH YOUR CHILD?

DO YOU FIND YOURSELF IN POWER STRUGGLES?

JOIN US FOR PARENTING FOR POSITIVE SELF WORTH



When: Every Thursday starting July 27th through August 31st (6 weeks)
10:30am-12:30pm

Where: Coast Community Hub - 13 Agency Lane in Silverdale

Cost: \$25 per session (Subsidies available)

Contact: Marni at marni@stepsforward.co.nz or 021 438 271 to Sign Up!

www.3ecoaching.org



KIDS surfing

OREWA & MANGAWHAI

AOTEAROA SURF

AFTER SCHOOL SURFING

6-WEEK PROGRESSIVE SURF PROGRAM

\$199 FOR MANGAWHAI
\$229 FOR OREWA

SCHOOL HOLIDAY PROGRAM

2 DAY SURF PROGRAM
\$199 FOR 2 DAYS

KIDS SUMMER SURF PROGRAM

3 LESSONS OVER 3 DAYS
\$169 FOR 3 DAYS

ULTIMATE KIDS SURF CAMP

5 NIGHT ALL INCLUSIVE
OVERNIGHT SURF CAMP
\$1,095 ALL INCLUSIVE

BOOK NOW OR JOIN PART PROGRAM!

VISIT: AOTEAROASURF.CO.NZ or CALL: 09 431 5760



WARM UP WINTER SPORTS!

LEARN NEW SPORTS SKILLS IN TERM 3



A weekly multi-sport programme that will provide an essential base for children's motor skills and help build confidence and coordination!

BOOK ONLINE NOW AT

KELLYSPORTS.CO.NZ

INFORMATION FOR PARENTS

MULTI-SPORT PROGRAMME

Programmes run weekly on one day a week for one hour.

This term we will focus on the following sports:

- ✓ Rippa Rugby
- ✓ Ultimate Frisbee
- ✓ Volleyball
- ✓ Handball
- ✓ Netball/Basketball

This weekly programme gives children skills and confidence in a fun and enjoyable environment. It also encourages their enthusiasm for sport and the life skills that such involvement brings – giving them confidence to join sports clubs and teams in the future.

For Year 0-4 students.

PRICE: \$112 FOR 8 WEEKS

Wainui School – Mon, 3:05pm	Dairy Flat School – Wed, 2:55pm
Stanmore Bay School – Mon, 2:55pm	KingsWay Junior School – Wed, 3:05pm
Orewa Primary School – Tues, 3:05pm	Orewa Beach School – Thurs, 2:55pm
Silverdale School – Tues, 3:05pm	Red Beach School – Thurs, 3:05pm
Ahutoetoe School – Wed, 2:55pm	Stella Maris Primary School – Fri, 2:55pm

BOOK EARLY & SAVE

Use the voucher code earlybird before 21 July to save!

Website: kellysports.co.nz/hibiscus-coast

Contact: Carmen Lutge

Email: hbc@kellysports.co.nz

Phone: 021 409 455

Facebook: @KellySportsHibiscusCoast

